



# Road safety wrist band



The road safety wrist band is an educational aid for parents/carers designed to provide basic road safety advice for young children. This leaflet explains how best to use the wrist band as an aid to developing good road sense with children from an early age.

## How to use the wrist band



## STOP! HOLD HANDS and LOOK for CARS

The three icons on the wrist band act as a visual prompt to help the child remember the most basic of road safety advice; to STOP and HOLD HANDS and LOOK for CARS.

You can then gradually add further elements of road safety from the comprehensive list of road crossing advice given overleaf until the child becomes proficient at practising road safety whenever they cross a road.

(SEE OVER)

## How to help your child cross the road safely

- Always ensure you find a safe place to cross, where you can see oncoming traffic and where oncoming traffic can see you.
- Make sure your child knows they must always stop whenever they get to a road.
- Make sure your child knows they must always hold hands with an adult before attempting to cross the road.
- Make sure your child knows they should be looking all around for traffic.
- If you can't see any traffic ask your child to listen carefully to see if they can hear any approaching traffic.
- If it is safe to cross then first ask your child if they think it is safe to cross, and if this is the case then walk straight across the road.
- Make sure your child knows they should walk and not run across the road as they could trip and fall.
- Make sure your child continues to look all around and listen until they safely reach the other side.
- Once safely across the road, then a little bit of praise goes a long way to reinforcing good road safety practices to the child.

## Important information

Somerset Road Safety does not recommend the use of road safety wrist bands for children under the age of 36 months. Do not use the wrist band if you are allergic to silicone.

If you have any comments or queries please contact Somerset Road Safety on **01823 423430** or email us at **roadsafety@somerset.gov.uk**. You can also add us on Facebook and follow us on Twitter.



Working with you to reduce casualties

[www.somersetroadsafety.org](http://www.somersetroadsafety.org)

